

## THE ACORN CAFE

*Members are served lunch Monday - Friday at the Acorn Café located in the Oak House. Each day between 11:30 a.m. and 12:00 noon members are provided with a wonderful lunch and dessert selection of fruit, pies and cakes.*

*Oak House members also earn tickets for helping in the Café and around the clubhouse. The tickets are put in a jar and one ticket is pulled the first of every month for a \$10 gift card.*

## Mission Statement

The mission of the Oak House is to provide a non-judgmental safe haven for adults recovering from mental illness by enhancing community participation in vocational, social, recreational and self-sufficiency activities.

### Hours of Operation

Monday 9:30 am - 8:00 pm  
Tuesday - Thursday  
9:30 a.m. - 4:00 p.m.  
Friday 9:30 am - 12:30 pm

## OAK HOUSE

1819 E. State Rd  
Port Clinton, OH 43452

OakHouse-pc.org  
OakHouse-pc@hotmail.com

Phone: 419-734-4417  
419-960-7313

Funding Provided By:

**Mental Health and Recovery Board  
of Erie & Ottawa Counties**

To donate or volunteer your time please  
call the Oak House at 419-734-4417.

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1819 E. State Rd  
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43452



*“Working  
Together  
To  
Overcome”*

# What is Oak House?

The Oak House is a psycho-social rehabilitation center in a clubhouse environment. Oak House serves adults in the Ottawa and Erie Counties who are recovering from a mental illness. Oak House helps build a network that allows members to be self-sufficient, productive members of our society.



## Who can become a member of Oak House?

The Oak House is free to adults residing in Ottawa or Erie County who are recovering from emotional or mental illness. Referrals can come from a case manager, counselor, psychiatrist, mental health center, hospital, doctor or by a member of the clergy.

## Oak House is for members

Oak House members participate in much of the development of programming. Together with staff, they generate activities and classes which meet the current needs of members and enhance self-esteem, confidence, social skills and build friendships.

The members of the Oak House enjoy many off-campus social recreation trips. There are also group birthday parties once a month that allow members to socialize with each other.

Oak House provides opportunities for members to learn useful skills to carry them through life and aid them in living independently.

## Some Programs Offered by Oak House

**Interest Groups**—These groups are suggested by members, such as, arts and crafts. Members are encouraged to suggest ideas for these groups.

**Support Groups**—Special support groups are facilitated by Oak House members, such as, Schizophrenics Anonymous and Dual Diagnosis. The support groups aid members in taking control over their recovery.

**Recreational Trips**—These include sporting events, thrift stores, shopping, trips to area attractions and community events.

**Social Activities**—Activities designed to promote recovery by teaching social skills and interaction with peers. Activities include: bingo, card making, crafts and themed parties.

**Community Service**—Oak House members take pride in their community and show this by picking up trash along a two mile stretch of road. Oak House is used by community organizations for training and meetings.

**Gardening**—Oak House has a garden where members help plant vegetables then water, pull weeds and harvest them when ready.

**Food Bank**—The food pantry is free to members and operates on Monday thru Thursday from 10:00 a.m. to 11:00 a.m. and from 1:00 p.m. to 3:00 p.m. It is not open during parties, bowling and bingo.